

**BY ORDER OF THE COMMANDER
30TH SPACE WING**

**30TH SPACE WING
PAMPHLET 91-1**



1 AUGUST 2000

Safety

MID-AIR COLLISION AVOIDANCE

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OPR: 30 SW/SEF (Maj K.A. Cox)
Supercedes 30SWPAM 91-1, 18 Dec 1996

Certified by: 30SW/SEF (Maj K.A. Cox)
Pages: 27
Distribution: F;X

**MID-AIR
COLLISION AVOIDANCE**



VANDENBERG AIR FORCE BASE

AND THE

CENTRAL COAST

DEPARTMENT OF THE AIR FORCE
30TH SPACE WING (AFSPC)



Dear Central Coast Pilot,

I'd like to take a moment of your time to discuss aviation and aviation safety at Vandenberg AFB and along the Central Coast.

Aviation plays an important role on the Central Coast. Helicopters at Vandenberg AFB use this area while accomplishing their base flying mission and commercial airlines and other businesses use aircraft as part of their operations as well. In addition, the Central Coast offers an outstanding area for recreational flying for private pilots. When you include other civilian and transient military aircraft, Central Coast airspace becomes a diverse and busy flying environment.

This diversity of aircraft and busy flying environment increases the chance for serious safety problems to occur in airspace along the Central Coast. This pamphlet is being provided to all civilian and military users of Central Coast airspace to reduce the chances of situations like mid-air collisions from occurring.

I hope you find this pamphlet both interesting and informative. If you have any questions or would like to comment on this pamphlet, please contact the VAFB Flight Safety Officer (see the last page for phone number). And please, always file a flight plan. FLY SAFE!

STEPHEN L. LANNING,
Colonel, USAF
Commander

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MILITARY INFORMATION

Mid-Air Collision Statistics

In a day when GPS and advanced radar systems control aircraft and help with navigation, you might think mid-air collisions (MAC) were a thing of the past. Not true. As aviators, we continue to have accidents and suffer losses caused by running into each other.

This pamphlet is designed to help reduce the threat of a MAC on the Central Coast, especially between military and civilian aircraft. Review the facts below and the information in this pamphlet. “See and Avoid” isn’t just a good idea, it’s an idea that may save your life!

Near Mid-Air Collisions:

75% of Near Mid-Air Collisions (NMAC) involve General Aviation (GA) aircraft.

70% occur near airports; 85% occur below 3000 feet.

Over 50% involve pilots simply not using See and Avoid.

Over 50% occur at airfields with towers.

90% of the aircraft involved in NMAC are small, light aircraft.

Mid-Air Collisions:

Less than 10% occur when both aircraft are in radar contact.

20% of Mid-Air Collisions involve an aircraft where flight instruction is occurring.

MAC’s account for 2% of aviation fatalities.

Recreational fliers account for 46% of all MAC’s.

95% of aircraft involved in a MAC are small, GA aircraft.

Nearly 100% of MAC’s take place during Day VFR conditions.

67% of MAC reports say visibility was greater than 10 miles.

40% of MAC’s occur during cruise flight.

The Bottom Line: We need to keep vigilant at all times and during all phases of flight. NMAC’s and MAC’s can occur at any time and in any place. The information in this pamphlet is designed to help you reduce your risk of being involved in a mid-air collision.

Vandenberg Air Force Base

Vandenberg AFB is located on California's Central Coast, west of Lompoc. The base covers over 98,000 acres and is bordered on the west by 35 miles of beautiful Pacific coastline.

Vandenberg's airfield is located on the coast about 7 miles northwest of Lompoc. The ICAO identifier is KVBG. Vandenberg has one 15,000 x 200 foot runway, Rwy 12/30. Due to prevailing winds, Runway 30 is the primary instrument runway most of the year. Late winter and early spring storms normally necessitate the use of Runway 12. Both runways have instrument approaches available (ILS and TACAN). Although Vandenberg is a military only facility, civilian aircraft are authorized and encouraged to use the instrument approaches for training during normal operating hours (Monday - Friday, 8:00 am to 5:00 pm). Due to military restrictions, however, civilian aircraft cannot touchdown on the runway. Only locally assigned helicopters are authorized to use the field during non-duty hours. Air Traffic Control services are provided by Vandenberg Tower during duty hours. The tower provides traffic advisories/flight following to aircraft operating in and transitioning through Vandenberg Class D airspace. The tower is not authorized to provide radar vectors.

One active flying unit is based at the airfield--the 76th Helicopter Flight (76 HF) which flies UH-1N helicopters, uses the field day and night, 7 days per week. Left traffic to Runway 30 is the primary fixed-wing traffic pattern at 1900 feet downwind altitude; right traffic for helicopters at 1000 feet downwind altitude.

A wide variety of military aircraft routinely use Vandenberg's airfield and surrounding airspace. Common aircraft seen at Vandenberg include the huge C-5A Galaxy, C-141B Starlifter, and smaller fighter type aircraft such as the F-16 Fighting Falcon. In addition, numerous commercial type aircraft also use the airfield, such as 747s that frequently use the airfield for practice approaches and the US Federal Marshall Prison Aircraft (727) that makes routine visits to Vandenberg. Silhouettes and statistics on common aircraft are found in this pamphlet. The most common aircraft seen in the local area is the Bell UH-1N Huey helicopter. Their primary mission is on-base support of space and missile launch operations. In addition, they are often off-base doing other missions such as search and rescue, wildland fire fighting, and training. These helicopters are olive drab camouflage in color and are difficult to see. They operate at altitudes ranging from 100' AGL up to 10,000 feet altitude and at airspeeds up to 130 knots.

The airspace around Vandenberg is unique due to the base's mission of launching missiles and rockets. Due to the hazards associated with launch operations and for security reasons, the base and the airfield are covered by two restricted areas, R-2517 and R-2516 (please refer to map on page 8). R-2517 protects South Vandenberg, roughly that part of Vandenberg south of the Santa Ynez river basin. **This restricted area is active at all times.** Only locally assigned helicopters and mission aircraft who have pre-coordinated with the Western Range are authorized in this area. R-2516 covers the remainder of Vandenberg. This area is normally not active, but can go "hot" and be closed with as little as 15 minutes notice. The Vandenberg Airfield is in this area and is closed when R-2516 is activated. Civilian aircraft wishing to use Vandenberg's

instrument approaches should be aware of these potential closures. Airfield and airspace closure information can be obtained by calling Vandenberg Base Operations at (805) 606-6941. Closures of R-2516 affects military aircraft as well. Lastly, when the Vandenberg Tower is closed, practice approaches are not authorized.

Potential Mid-Air Collision Areas

There are several areas around Vandenberg that present a higher risk for conflict between military and civilian aircraft. A problem area at Lompoc is created by its close proximity to Vandenberg's instrument pattern. The instrument pattern is at 3000'; the alignment takes the pattern directly over the Lompoc airport. The problem here is that aircraft coming off Lompoc can conflict with military aircraft in the Vandenberg instrument pattern. West of Lompoc is another potential conflict area. The final approach course for Vandenberg's Runway 30 passes within three miles of the departure end of Lompoc's Runway 25. Aircraft on final approach to Vandenberg and those departing Lompoc must ensure they adequately clear their flight path in this area during all phases of flight.

Another trouble spot is transiting Highway 1 to Santa Maria from Lompoc. Civilian aircraft may encounter military helicopters along this route. Flight following with Vandenberg Tower in each of these areas will reduce the threat of a mid-air collision around Vandenberg. Additionally, Runway 30 at Vandenberg has periodically been mistaken for Santa Maria's Runway 30. Although the runways are oriented identically, they are approximately 15 miles apart and Vandenberg's runway is over twice as long (15,000 feet versus 6300 feet at Santa Maria). Most of these mistakes are from non-local pilots, but be aware that if Santa Maria Tower's clearance sounds something like, "Still not in sight but cleared to land," you may be lined up on Vandenberg's runway.

A third high-risk area is southeast of the Santa Maria Airport. The conflict here is between aircraft using Runway 30 at Santa Maria and helicopters from Vandenberg. This area is the confluence of civilian fixed-wing traffic going into Santa Maria and helicopter traffic from Vandenberg heading east to their training areas. The helicopters are often flying at low altitudes and can be very difficult to see due to heavily wooded terrain in this area. Civilian pilots and helicopter aircrews must strictly adhere to "see and avoid" principles. Communication by all aircraft with Santa Maria Tower will help reduce the chances of a conflict in this area.

Also a concern related to Santa Maria traffic and the 76 HF helicopters, the Arctic Air helicopters daily transit the Vandenberg AFB Class D airspace between Santa Maria Airport and the offshore oil platforms. The biggest area of concern with this operation is the Casmalia area, which is between both Santa Maria's and Vandenberg's airspace. Pilots must be vigilant and should establish contact with Santa Maria or Vandenberg Tower for advisories.

The last major area of concern for all aircraft is the Highway 101 corridor in the Central Valley. The large numbers of aircraft using this area demands that all pilots use good "see and avoid" techniques when operating in this area. As the old saying goes, "keep your head on a swivel" and stay aware for other aircraft.

Table 1 lists the flying activities at local airports. (Activities are listed from most common at each airport to least common).

Table 1. Flying Activities at Local Airports

Vandenberg AFB	Military helicopters	Transient military fixed-wing	Radio-controlled airplanes		
Lompoc	Private Fixed-wing	Skydiving	Gliders	Radio Controlled airplanes (HWY 1)	
Santa Maria	Private Fixed-wing	Commercial Fixed-wing	Commercial Helicopters (Arctic Air/English Air)	County Helicopters	Radio controlled airplanes
Santa Ynez	Private Fixed-wing	County Helicopters	Gliders		

These certainly aren't the only areas on the Central Coast where a mid-air collision can occur, but they are the highest risk areas around Vandenberg. Be careful when operating in this area. If you do have a conflict with another aircraft on the Central Coast, please contact the Vandenberg AFB Flight Safety Office or the Van Nuys Flight Standards District Office and remember to file a report with the NASA Aviation Safety Reporting System.

Vandenberg AFB Local Flying Area

Figure 1. Local Flying Area Map

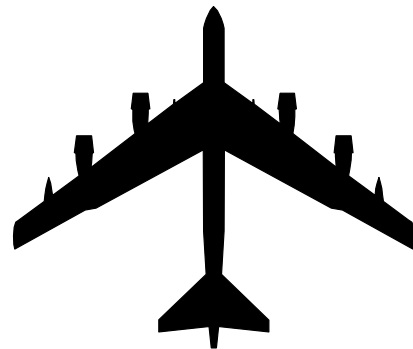


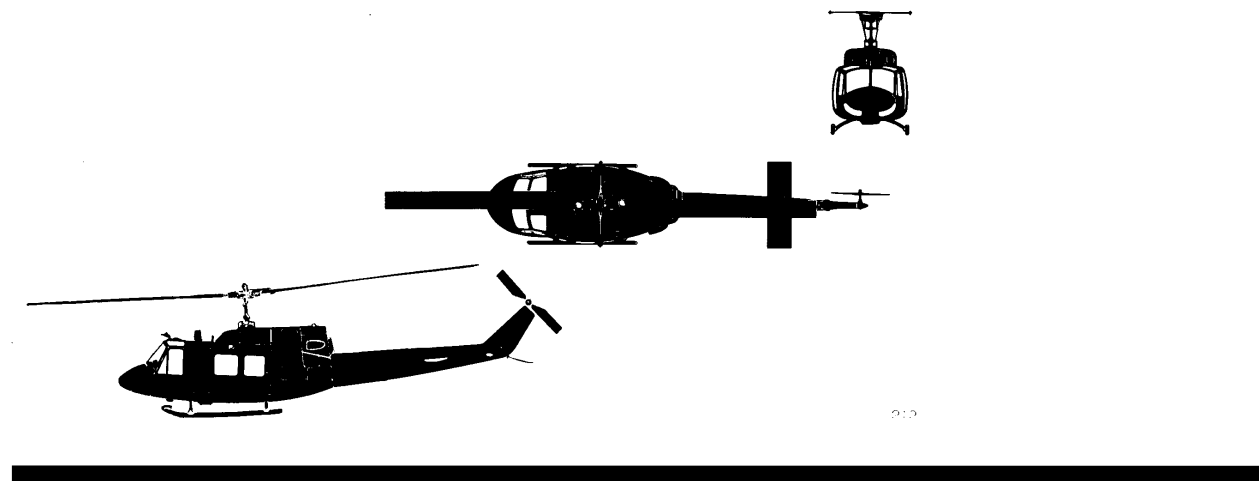


Vandenberg AFB

Common Military Aircraft

Silhouettes





Bell UH-1N Huey

Description: Twin engine, single rotor helicopter

Crew: 3

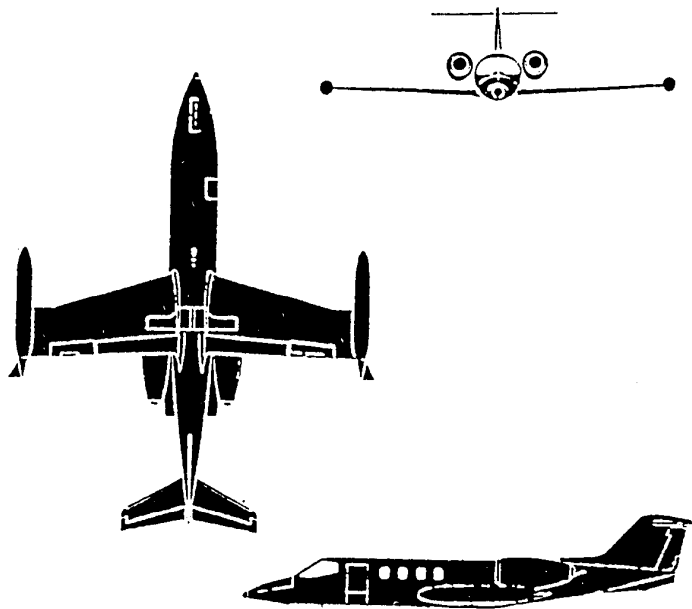
Dimensions: Main rotor 48'; tip-to-tail 57'

Max Gross Weight: 10,500 pounds

Speeds: Cruise – 90 knots
Max – 130 knots

Service Ceiling: 3,000'

Remarks: The Huey is the only locally assigned, military aircraft. They routinely operate low-level and in all areas of the central coast. The olive drab color makes it difficult to see, especially against foliated backgrounds.



Lear C-21A

Description: Low wing, small, two engine jet aircraft

Crew: 2

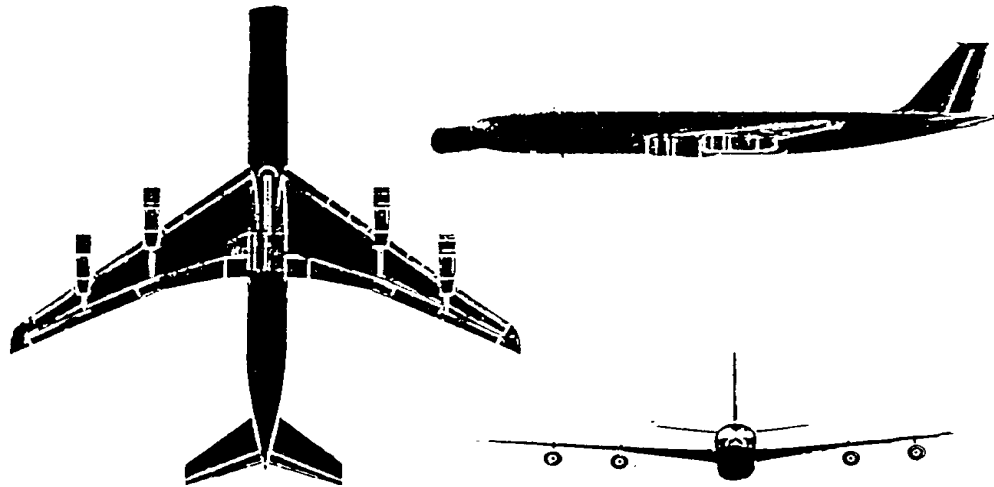
Dimensions: Length - 49'
Span - 40'

Max Gross Weight: 18,300 pounds

Speeds: Climb - 250 knots
Approach - 115-145 knots

Service Ceiling: 45,000'

Remarks: White color and small size make this aircraft difficult to see. When on final, look for the landing light to spot this aircraft.



Boeing EC-135 ARIA

Description: Low wing, four engine jet

Crew: 4

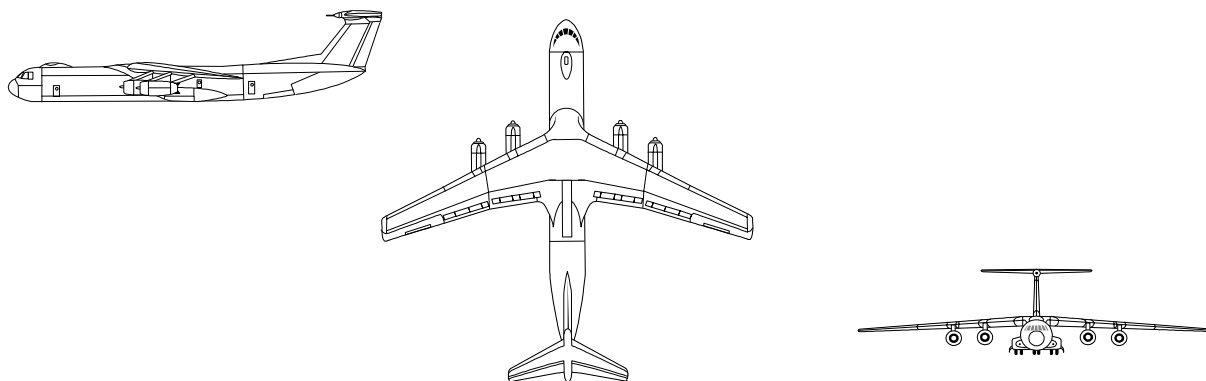
Dimensions: Length - 140'
Wing span - 131'

Max Gross Weight: 297,000 pounds

Speeds: Climb - 250 knots
Approach - 130-160 knots

Service Ceiling: 45,000'

Remarks: This aircraft is but one version of the venerable KC-135 aircraft series. The tanker version of this aircraft is often seen at Vandenberg, as well as the ARIA.



Lockheed C-141B Starlifter

Description: High wing, four engine jet painted camouflage green

Crew: 5

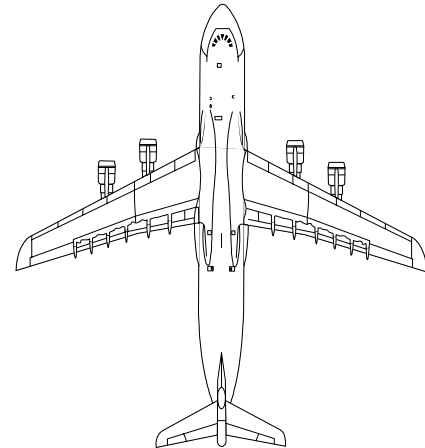
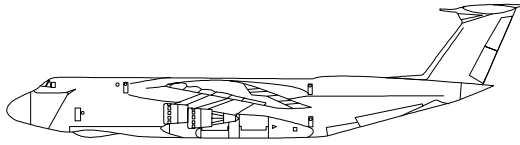
Dimensions: Length - 145'
Wing Span - 160'

Max Gross Weight: 325,000 pounds

Speeds: Climb - 250 knots
Approach - 160 knots

Service Ceiling: 50,000'

Remarks: The C-141B is a designated "heavy" aircraft which produces dangerous wing-tip vortices, especially for smaller aircraft. This aircraft uses Vandenberg on a routine basis for both airlift missions and training sorties. Use all the rules in this pamphlet to avoid getting caught in this aircraft's wake turbulence.



Lockheed C-5A Galaxy

Description: Four engine, high wing T-tail jet transport

Crew: 6

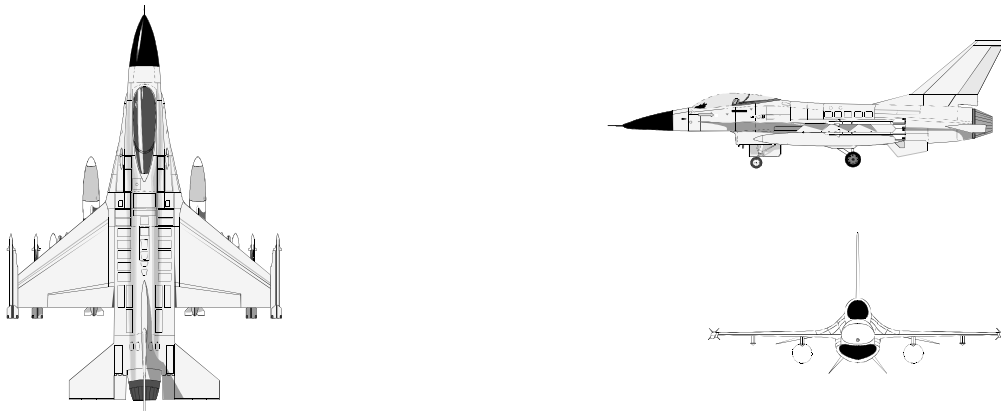
Dimensions: Length - 248'
Wing Span - 223'

Max Gross Weight: 769,000 pounds

Speeds: Climb – 250 knots
Approach - 160 knots

Service Ceiling: 34,000'

Remarks: Similar to the C-141B, the C-5A is also designated a “Heavy.” Relatively easy to see in flight, the big hazard here is extreme wake turbulence.



General Dynamics F-16 Fighting Falcon

Description: Single or two-seat, multi-role, single engine, jet fighter aircraft

Crew: 1 (two for training version)

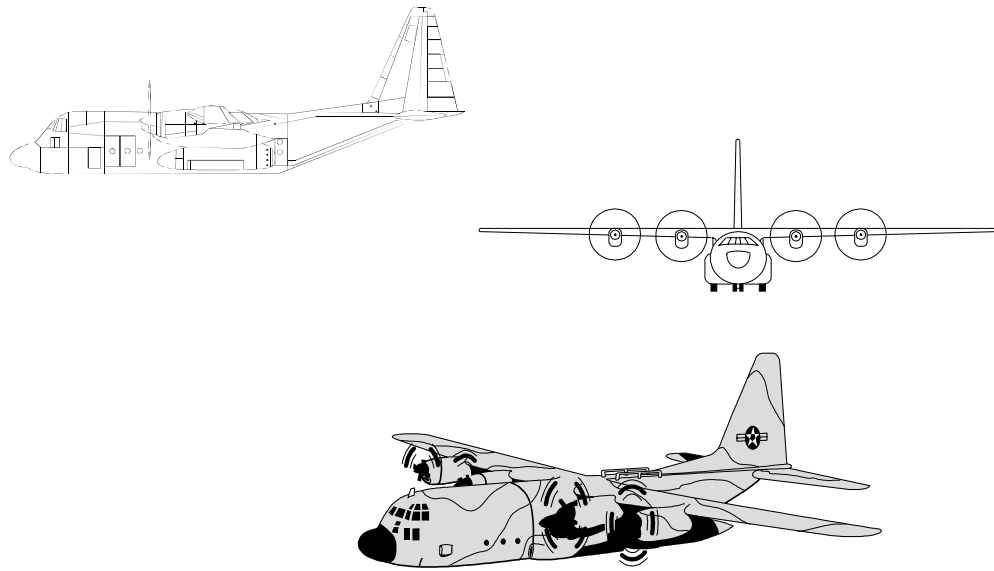
Dimensions: Length - 49'
Wing span - 32'

Max Gross Weight: 37,500 pounds

Speeds: Climb - 250 knots
Approach - 200 knots

Service Ceiling: 50,000'+

Remarks: This single seat fighter is painted gray, and by design, is difficult to see in flight. High airspeeds reduce the reaction times available for pilots to avoid a mid-air collision.



Lockheed C-130 Hercules

Description: Four engine, turboprop transport

Crew: 5

Dimensions: Length - 97'
Wing span - 132'

Max Gross Weight: 155,000 pounds

Speeds: Climb - 150 knots
Approach - 150 knots

Service Ceiling: 33,000'

Remarks: Though not as big as the C-5A or the C-141B, the C-130 still presents serious wake turbulence hazards for light aircraft. Its large size and relatively slow speeds makes it easier to see in flight.

FACTORS INFLUENCING VISION

Vision is essential to avoiding other aircraft, yet our eyes, much like our aircraft, have limitations. Being aware of these limitations can improve our ability to See and Avoid other aircraft. These next two pages will discuss some of the limitations that can effect our vision and, therefore, our capability to avoid other aircraft and obstacles while flying.

BLIND SPOT: The human eye has a blind spot where light strikes the optic nerve. The location of the blind spot for most people is about 30 degrees right of center. With both eyes unobstructed, the blind spot of one eye is canceled out by the peripheral vision of the other eye. However, put a windshield center post or other type obstruction between the eyes and a blind spot results. Under certain conditions a Boeing 707 would be blocked out at a distance of one mile and a Boeing 747 would disappear at a mile and a half. A continuous scan will prevent other aircraft and objects from becoming lost in your blind spot. See the exercise at the end of this section to help you “see” your blind spot.

SPACE MYOPIA: At high altitudes, in the absence of objects to focus on, (horizon, clouds, etc.) the eyes tend to focus at the windscreen or just outside the cockpit. In this case sighting distances can be greatly reduced and your eyes may not see aircraft, even those relatively close to your aircraft. Shifting your gaze frequently from the instrument panel, then to the wing tips or other distant objects (if available), will help overcome space myopia.

TARGET FIXATION: There is a distinct tendency for pilots to become fixated on ground objects, especially during critical phases of flight such as landing. To avoid becoming fixated on one task or object, use a good scan and cross-check. Scan in sectors, shift gaze vertically as well as horizontally, and practice focusing on objects of known or accurately estimable distances when available.

FOCUSING: The time required for the eyes to change their focus from one object to another (accommodation time) is at least 2 1/2 seconds, e.g., the time it takes to change focus from the instrument panel to outside the aircraft. This time increases with fatigue and age. The best remedy is to scan completely in all visible directions each time you look outside the aircraft. Continuously looking from outside to inside and inside to outside can lead to problems seeing other aircraft because the eyes don’t have time to accommodate (adjust to the new focus point) to gather usable information.

CONTRAST: Contrast of objects is very important in avoiding another aircraft. The aircraft that contrasts with it’s background is much easier to detect than one that blends in with its background, especially during low-light illumination. Sky conditions on many occasions make it much more difficult to detect another aircraft. If there is a lack of contrast, the aircraft must come closer in order to be detected, thus creating the danger of an in-flight collision. This problem may be exacerbated with military aircraft, many of which are designed to be hard to see. The answer here is to keep a good scan going and look for other signs of aircraft such as sun flashes or movement.

NEARSIGHTEDNESS: The normal eye with 20/20 vision can detect an aircraft with a fuselage diameter of 7 feet from about 4 miles away. If you are nearsighted (myopic) you will not be able to see the aircraft until it is closer. How close depends on how nearsighted you are. The more severe the myopia, the closer the aircraft will be before it is detected. If glasses are prescribed, wear them; the other guy might not be.

GLARE: Glare over-stimulates the eyes and causes a loss of sensitivity which reduces the ability of the eye to see objects under normal light conditions. Glare may be produced from the light striking the windscreen or the instrument panel at an angle. Blinding glare can be caused when the pilot looks directly into the sun, causing a temporary haze over the visual field. Avoid looking for aircraft directly into the sun when possible and use other sources of information, such as scanners or radar to help you avoid traffic.

LACK OF RELATIVE MOTION: Lack of relative motion results in more time needed for the eyes to spot another aircraft. If an aircraft is on a head-on collision course or if you are directly overtaking another aircraft, it will appear to be motionless. An aircraft that is not changing position on your windscreen is on a collision course with you. You must perform some type of maneuver to cause the other aircraft to move in some direction on your windscreen.

HYPOXIA: Hypoxia can affect the ability of the eyes to detect a distant object, especially at night. Due to the lack of oxygen in the blood, the eyes suffer a loss of acuity and color vision and have difficulty in focusing. A smoker must be especially aware of this factor because a smoker's blood is carrying carbon monoxide which displaces some of the oxygen and makes the effects of hypoxia occur at lower altitudes. Avoid hypoxia by not smoking and ensuring the exhaust system of your aircraft is in good working order. Use of a cockpit carbon-monoxide detector provides another level of protection.

BRIGHTNESS/ILLUMINATION INVERSION: At high altitudes more light comes from the atmosphere below than from above, flooding the eyes. This makes the cockpit appear quite dark in contrast to the outside. Keep interior lighting at a safe level to see instruments, but at a low enough level to maintain the ability to see outside as well.

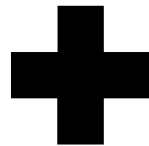
SCAN: Where and how to look is the most important part of reducing visual limitations in the aircraft. You can see an aircraft at the greatest distance by looking directly at it (daytime). If you see it seven miles away, you can avoid it, even head-on at MACH 1 closure. But, if the aircraft is only 10 degrees to the side and you're looking straight ahead, your eyes can't pick it up until about one-tenth the distance (0.7 miles). In this case, if you're on a collision course, relax - it's way too late. See the section in this manual on ways to improve your scan.

REACTION TIME: The time to perceive and recognize an aircraft, become aware of a collision potential, and decide on an appropriate action may vary from as little as 2 or 3 seconds to 10 seconds or more, depending on the pilot, type of aircraft, and geometry of the closing situation. Remember, in order to avoid the collision, you have to see the other aircraft, determine that a collision is possible and determine how to best react. On top of this, aircraft reaction time

must be added as well. By the way, remember that any evasive action contemplated should include maintaining visual contact with the other aircraft if practical. The key to avoiding a collision is early detection, and the key to early detection is understanding and reducing the limitations of your eyes.

LOCATING YOUR VISUAL BLIND SPOT

Another limitation of your eyes is the visual blind spot. An eye acts much like a camera. Light shines through the lens of the eye and is focused on the retina, which acts like the film in the camera. The retina sends the image to the brain via the optic nerve, your brain interprets the image and you "see" what you're looking at. However, where the optic nerve attaches to the retina, the retina receives no image, creating a visual blind spot in each eye. It is important to realize that every person (every eye for that matter) has a blind spot. The reason you don't notice it during normal, unobstructed vision is that what you see from both eyes is combined in the brain to produce a full image. The blind spot can be seen however, when the vision in one of your eyes becomes obstructed, possibly by something like a window or door frame in your aircraft. Use the symbols below and the directions at the bottom of the page to "see" your blind spot.



Directions: With the right eye closed, look at the plus sign on the right side of the upper figure. Move the paper back and forth about one foot from the eye; the circle on the left will disappear. At that point it is projected on the blind spot.

It is important to realize that all of us have a blind spot. The potential for a midair collision lies within this blind spot area. At one mile this area could be 800 feet by 500 feet and at 5 times the area could be 4/5 of a mile. The blind spot's effect on vision will vary with different types of aircraft and different face structures. A way to compensate for the blind spot is to move the head around while looking and look more than once in a given direction.

HOW TO SCAN

We've talked about factors that affect vision, reaction times and blind spots. One of the best ways to prevent mid-air collisions is to refine your scanning technique. How you scan for traffic is important, so here are a few tips to help you improve your scanning skills.

First, when scanning, do not rapidly move your eyes from side to side. To illustrate, try

moving your eyes rapidly from side to side; you don't recognize much, especially small objects in the distance. Now try breaking your scan pattern into sections 10-15 degrees wide. This gives you 9-12 "blocks" in your scan area. Allow a minimum of one to two seconds for focusing and detection within each block. By fixating every 10-15 degrees, you should be able to detect any contrasting or moving objects in each block.

Second, keep your scan moving. Against a clear blue sky, your eyes have a tendency to focus on a point just a few feet ahead of you. To assist you, focus on a point on the ground, or a cloud in the distance, then back to your scanning block. This pulls your focal point out to the horizon. Repeat this process for each block within your viewing area.

Third, scan with a purpose. You're looking for something important--another guy who's not scanning.

Finally, use your whole crew. Brief passengers on how to scan correctly, and more importantly, how to identify traffic using the clock and horizon method of describing another aircraft's position. A poorly trained scanner may distract you by pointing out an aircraft that is not a hazard, causing you to not see the one that really is.

Being a good scanner is part of being a good pilot. Remember the old saying "You can't hit what you don't see." Without good scanning techniques, you just might "Hit what you don't see."

COLLISION AVOIDANCE TIPS

1. Check yourself. Make sure you're ready to fly both physically and mentally. Wear glasses if you need them.
2. Avoid areas of high-density traffic. If you can't avoid them, use those good scanning techniques to help you see other traffic.
3. Fly as high as practical. Stay out of that 3000' AGL area where most mid-air occurs.
4. Obtain an IFR clearance or participate in radar flight following whenever possible, and continue to practice "*see and avoid*" at all times.
5. Use landing lights at lower altitudes, especially when near airports.
6. Announce (talk and listen) your intentions on unicom and use standard traffic pattern procedures at uncontrolled fields. Try to present a "*predictable target*" when operating near airports.
7. Always use your Mode C transponder, and cross-check its accuracy with ATC whenever possible.

8. Use the hemispheric altitudes appropriate for your direction of flight, and don't let your altimeter "*wander*".
9. Clear constantly for other aircraft, both visually and over the radio.
10. Keep your windows and windscreen clean and clear. A bug on the windscreen can obstruct a large object even at a short distance.
11. Learn proper task management in the air. A cockpit can really get busy. Learn the proper methods to help you reduce workload demands and prepare ahead for high workload phases of flight. This will give you more time to scan when near the airport.
12. Complete checklists as early as practical. Early inflight preparation allows time to scan during descent.
13. Don't get complacent during instruction! Instructors make mistakes, too. Many midair collisions occur during periods of instruction or supervision when no one is looking outside.
14. When flying at night, don't use white light. White light disrupts your night vision, even if used momentarily. Use a green or red light when necessary, and ensure cockpit lighting doesn't wash out your night vision by being set too bright.
15. Beware of wake turbulence. It's an invisible killer—the best way to avoid it is to watch for the large aircraft which cause it. Remember "heavy, clean, and slow" are the aircraft configurations which produce the worst wake turbulence.
16. Understand the limitations of your eyes and use proper visual scanning techniques. Remember, if another aircraft appears to have no relative motion, but is increasing in size, it is on a direct collision course with you.
17. Execute appropriate clearing procedures before and during all climbs, descents, turns, abnormal maneuvers, or aerobatics. And avoid doing unpredictable things in the traffic pattern.
18. Plan ahead. Preparation before you take off will give you time to scan when you reach your destination.
19. Brief and use the entire crew. Brief crew and passengers on proper scanning techniques. Encourage them to speak up if they see a hazard. Confirm you understand and identify the hazards in question.
20. Obey the rules. Many accident sequences begin when somebody doesn't follow the rules.

Above all, **AVOID COMPLACENCY!** Remember, there is no guarantee that everyone else is flying by the rules, or that anyone is where they are supposed to be. Keep track of traffic with your eyes and ears, and let others know your intentions as well.

WAKE TURBULENCE

You may be able to see and avoid big military and civilian airplanes, but one thing you can't see is their wake turbulence. Wake turbulence can be deadly, especially when it is encountered close to the ground. All pilots flying in the vicinity of large aircraft should exercise extreme caution and ensure adequate separation based on the type of aircraft. Always remember that wake turbulence can be so severe as to cause loss of aircraft control and catastrophic structural failure.

Always listen to ATC or to Unicom to find out if bigger aircraft are in the pattern. If they are, plan your take-off and approaches accordingly. When departing, rotate prior to the point where the heavier aircraft rotated. This will allow you to climb out above his wake turbulence. When landing, touch down past where the heavy aircraft touched down. Again, this will keep you above the other aircraft and out of their wake turbulence.

Another area to avoid is flying under a heavy aircraft. Remember, wake turbulence settles at about 500' per minute and, depending on the winds and the type aircraft, may last for several minutes after the heavy aircraft has passed.

The key to wake turbulence is planning. Plan your approaches in advance, and go around if you suspect wake turbulence might be present.

AIRCRAFT CRASH LANDING and SEARCH AND RESCUE INFORMATION

Every once in a while, things don't go the way we plan. Use this information if you find yourself in one of those bad situations. Here are some tips for what to do before, during and after the crash to improve your chances of survival and rescue.

1. File a flight plan. The FAA system is there for you to use. Your taxes pay for it, it's simple to file and it may save your life. Use routes that provide areas for forced landings. If you deviate, let someone know, either on the ground before the flight or in the air.
2. If you run into difficulty, remain calm and consider all your options and all your passengers. Use ATC or ask for help from another aircraft. Don't wait to ask for help.
3. Fly the plane. Don't ever give up. Choose level, clear areas when possible and use proper short/soft field landing techniques. Complete checklists early so you can concentrate on the approach.
4. Make sure all seatbelts and shoulder harnesses are fastened around you and your passengers securely. Have passengers assume the crash brace position prior to impact.

5. On the ground, stay calm and assess your situation. Extinguish fires and check for fuel leaks. Allow fuel vapors to dissipate before using the aircraft radios and ensure the ELT is transmitting. Stabilize and treat the injured.
6. Prepare for rescue. Gather signaling aids such as mirrors and signal panels. Gather wood for a fire to keep you warm if necessary and to alert rescuers. Listen for aircraft or searchers. Designate someone to monitor the radio, but conserve battery power. Use a whistle to draw attention if you have one. If you hear an aircraft, light the signal fire and move to an open area for better signaling.
7. Once spotted, listen to your radio and observe the rescue aircraft for instructions. If a helicopter lands near your area, stay at your aircraft. Let the searchers come to you. Don't risk trying to find them and getting lost. Notify rescuers as soon as possible of the status of other victims (i.e., if someone else tried to walk out for help).
8. Cooperate with your rescuers. It's hard sometimes to be told what to do or what's going to be done, but your rescuers have your best interests in mind.

A crash is a harrowing experience, but proper preparation and good common sense after the crash will help you survive. Be calm. Be prepared. And file a flight plan.

**MARK W. SCHONING, Lt Colonel, USAF
Chief, Base Safety**

CENTRAL COAST FLIGHT SAFETY POINTS OF CONTACT

Vandenberg AFB:

30th Space Wing Flight Safety Officer	(805) 606-5142
76th Helicopter Flight Safety Officer	(805) 606-4725
Base Operations	(805) 606-6941
Air Traffic Control Tower	(805) 606-4599
Airfield Operations Flight Commander	(805) 606-4129

Edwards AFB:

Flight Safety Officer	(805) 277-2623
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Van Nuys FSDO:

Mr. George Demartini	(818) 904-6291 x280
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Los Angeles Center:

Mr. Mike Daniele	(805) 265-8244
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Santa Barbara ATC Representative

Mr. Chick Foley	(805) 681-0666
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Local FAA Aviation Safety Counselor

Mr. Barney Kuhns (Lompoc)	(805) 736-8854
Mr. Patrick Duncan (San Luis Obispo)	(805) 466-9725

COMMON CENTRAL COAST RADIO FREQUENCIES

Airport	Approach	Tower	CTAF	ATIS	Ground
Lompoc			122.7		
Oceano			122.7		
San Luis Obispo		124.0	124.0	120.6	121.6
Santa Barbara	125.4	119.7	119.7	127.8	121.7
Santa Maria		118.3	118.3	121.15	121.9
Santa Ynez			122.8		
Vandenberg AFB		124.95	124.95		121.75
Frontier Control	121.4				



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